

Elk Grove Park District

Sheila Ray

— ADULT CENTER —

NEWSLETTER

September / October 2008



September 2 - Pool players welcome @ Elk Grove Bowl

September 3 - Post Menopausal Osteoporosis @ Garden Terrace Banquets

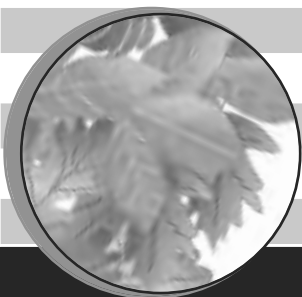
September 4 & October 2 - Dancing with the Band @ Hattendorf Gym

September 17 - 29th Anniversary Luncheon @ The Wellington

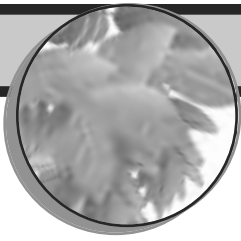
October 15 - Octoberfest Luncheon

October 23 - RSVP Luncheon @ the Meadows Club in Rolling Meadows

October 31 - Halloween Party for Adult Center Members



Elk Grove Park District Adult Center Coordinator Marge Hart



Center Hours, Information & Who's Who

SHEILA RAY ADULT CENTER

225 E. Elk Grove Blvd.
Elk Grove Village, IL 60007
(847) 364-7224

Adult Center doors are open from
9:00 am - 4:00 pm during our stay at
Rainbow Falls.

ELK GROVE PARK DISTRICT BOARD OF COMMISSIONERS

Tom Cooke - President
Ron Nunes - Vice President
Ralph Souder - Treasurer
Bill O'Malley - Secretary
Ron Foster - Commissioner

ADULT ADVISORY BOARD MEMBERS

Rae Ciardullo - President
Ellie Wellman - Vice President
JoAnne Sommer - Treasurer
Doris Jordan - Secretary
Pat Angelino
Blanche Booe
Mary Domme
Ann Hilderbrand
Lorraine Pietrandoni

The Adult Advisory Board is comprised of Active Adult Center Members who act as the representatives of the whole membership. The Adult Advisory Board meets monthly at the Adult Center every first Tuesday at 10:00 am. Each selected appointee is approved by the Park District Board of Commissioners and serves two years to four years.

ADVISORY BOARD MEETINGS

Tuesday, Sept 9, 10:00 am
Tuesday, Oct 7, 10:00 am

ADULT CENTER STAFF

Marge Hart - Adult Program Coordinator
Barbara Walker - Adult Program
Administrator
Judy Kraszczyk - Adult Program Supervisor

MEMBERSHIP

Membership to the Sheila Ray Adult Center is available for all seniors age 55 and better. As of January 1, 2008 Elk Grove resident dues are \$20 and nonresident dues are \$30. This membership gives you access to the Center and sponsored programs and activities. The Center is open Monday through Friday 9:00 am - 4:00 pm during our stay at Rainbow Falls. Dues as well as registration for classes are done at the Customer Service Counter. Be ready to show your membership card when entering the Center. A Daily Guest Pass is available for \$2.

THE HART BEAT ...

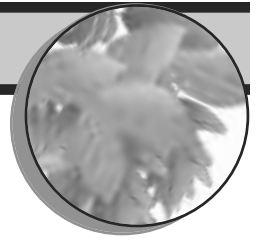
Dear Members,

The move will be taking a little longer than we expected. We were closed on August 29 and will be opening up on Monday, September 8th. Our hours while we are at Rainbow Falls will be 9:00 am until 4:00 pm. With all our programs being in 1 big room we will all need to be flexible and understanding of one another. It is only for 3 months. We've done this before and we can do it once again.

I hope many of you will take advantage of the postmenopausal osteoporosis program at the Garden Terrace on Wednesday, September 3rd. It should be very informative and worth your while to attend. This program is being given in 11 different places in the Chicago area. We are fortunate in being one of the host locations. Along with the good information, there will be refreshments and a free gift bag for everyone.



Sincerely,
Marge



Look What's Happening in our Center

AMBASSADORS - Practice Thursday, 9:30 am

BILLIARDS - Monday - Friday, 9:00 am - 5:00 pm
at Elk Grove Bowl



BINGO - Thursday, 1:00 pm
Early Bird Bingo Thursday, 12:30 pm

CANASTA - Monday, 9:00 am Friday, 12:30 pm

CERAMICS - Wednesday, 9:00 am (Supply & firing costs are
on your own when making an item for yourself.)

CRAFTS - Tuesday, 12:30 pm

CROCHET & KNITTING - Monday, 1:00 pm

CURRENT EVENTS FORUM - Second and last
Tuesday, 10:15 am

DAILY LUNCHES - Monday - Friday, Required registration
a day before

DANCING WITH THE BAND - First Thursday,
7:00 - 9:00 pm. Sept through Dec in the Hattendorf Gym

EXERCISES FOR ARTHRITIS & PARKINSON -
Tuesday, 1:00 - 1:45 pm

GIFT SHOP - Closed during renovations.

INFORMAL BRIDGE - Wednesday, 12:30 pm

LOW IMPACT EXERCISE - Monday, Wednesday,
Friday, 9:00 am

MEMORIES & MORE - First Friday, 1:00 pm

MATINEE MOVIE - First and Fourth Wednesday, 1:00 pm

NEEDLEPOINT - Friday, 10:00 am

PING PONG - not available during renovations

PINOCHLE GROUP - Tuesday, 12:45 pm
Friday, 12:30 pm



POKER - Anytime you wish.

QUILTING - Monday, 9:00 am

SHANGHAI RUMMY - Thursday, 10:30 am

SHUFFLEBOARD - Various times

WII BOWLING - Friday, 10:00 am

WII BOWLING - Wednesday, 10:00 am

*PLEASE NOTE: All participants in Quilting, Ceramics, Crafts,
Crochet, and Needlepoint; are asked to spend at least one class a
month on items for the Bazaar. (Supplies furnished by Center.)
All of these groups welcome new participants.*

BEHAVIOR STANDARDS

Copies of our Standards of Behavior Policy are available at the
Customer Service Counter.

DAILY LUNCH PROGRAM

Our lunch program will continue as usual at Rainbow Falls! Meals
are served at noon except on Thursday, when the meal is served at
11:45 am.

VOLUNTEER

Daily Lunch Program can still use drivers and subs for picking up
lunches. See Judy or Marge if interested.

NEWSLETTER MAILING SERVICE

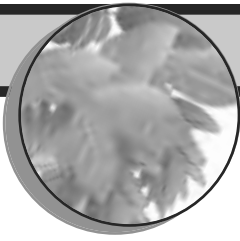
Those wishing to receive the bimonthly Active Adult Newsletter by
mail may register anytime. Newsletters may be picked up, free of
charge, at the Adult Center Customer Service desk.

One year subscription (6 newsletters):

Residents and Members \$9 Nonresidents \$11 Barcode: #48932

ACCIDENT POLICY

The Elk Grove Park District will not assume responsibility for
accidents or injury incurred at any program or on Park District
property. It is recommended the participant review personal
insurance policies for coverage during leisure activities.



Special Events



DANCING WITH THE BAND

On the first Thursday of each month the Advisory Board sponsors a dance in the Hattendorf Gym during renovations. The Switchtime Jazz Group performs and everyone has a great time. The dance is held from 7:00 - 9:00 pm. Members pay only \$3 and nonmembers pay \$5. Come and see the fun that is going on in the Adult Center in the evenings on the first Thursday of each month.

Al Hattendorf Center Gym
Thu., Sep 4 & Oct 2

7:00 - 9:00 pm

MY TIME, MY STORY

This year, women across America will let it out at this engaging presentation about an exciting treatment for postmenopausal osteoporosis – Reclast! This fun, informative, and entertaining program will include an inspirational keynote speaker and is offered free to anyone interested. This event will also feature warm, informative nurse presenters who will tell you the story about prescription-only Reclast. Attendees will have the opportunity to: record and take home their story at the Reclast My time, My Story Kiosk; take the My Time, My Story Pledge; and enjoy great giveaways and refreshments!

Garden Terrace Banquets
Wed, Sep 3

10:00 – 11:15 am

HALLOWEEN PARTY

All members of the Sheila Ray Adult Center are invited to the Annual Halloween Party which will be held on Halloween Day, October 31 at 1:00 pm. Come in costume and win a great prize. We will have games, snacks and lots of fun for everyone in attendance.

Rainbow Falls
Fri, Oct 31

1:00 pm

MONTHLY LUNCHEONS

REGISTRATION DEADLINE IS THE FRIDAY
BEFORE THE LUNCHEON AT 4:00 PM.



29TH ANNIVERSARY LUNCHEON

Help us celebrate our 29th Anniversary at the Wellington Restaurant on Wednesday, September 17 at 12:00 noon. The Senior Center opened in September 1979 with a few people and now 29 years later we have over 500.

Wellington Restaurant

Wed., Sep 17

Noon – 3:00 pm

\$18 Member / \$20 Nonmember

Barcode # 55040

OCTOBERFEST LUNCHEON

It's that time of year again, fall is in the air, pumpkins are growing, and Oktoberfest celebrations are happening. We will feast on another delicious luncheon of: Sauerbraten w/ Applesauce, Sour Cream Mashed Potatoes and Sauteed Red Cabbage. Apple Streudel for dessert. Our entertainer will be Lisa Pappas, songstress extraordinaire.

Wed., Oct 15

Noon – 3:00 pm

\$5.50 Member / \$7.50 Nonmember

Barcode # 55014



Classes Offered for Seniors

INTERMEDIATE LINE DANCE

with Instructor Chuck Jaworski

This is a ten week session. Anyone starting after the first class will receive a pro-rated fee.

Next session starts:

Rainbow Falls Community Center Barcode #55018
Mon, Aug 18 11:15 am - 12:15 pm

EXERCISES FOR ARTHRITIC AND PARKINSON PATIENTS

Members, come join our exercise program! This program enables people that have arthritis and Parkinson's to stretch out their muscles. This program involves all joints from your neck and shoulders to your legs and toes. It will help reduce pain and stiffness and improve fitness! Eight-week class.

Free Members / \$2 Nonmembers

Rainbow Falls Community Center
Tuesdays 1:00 - 1:45 pm

CURRENT EVENTS

Phil Barry has invited Mayor Johnson to join us on the morning of October 14. Mark your calendar for this event. As always this program is held on the 2nd and last Tuesday of each month at 10:15 am. During our renovation, Sept and Nov Current Events will be held at Rainbow Falls Community Center. See you there.

P.A.S.T. PROGRAM

Officer Ted Malek is our new advocate from the Elk Grove Police Department. You are all invited to the Police and Seniors Together meetings which are now being held at Rainbow Falls Community Center during renovations. The next meetings will be at 1:00 pm on Friday, Sept 26 and Oct 24. The discussion at these meetings is always pertinent to what is going on in the Village and how to keep seniors safe. Be sure to mark this date on your calendar.

MAKE YOUR OWN GREETING CARDS

Once again, Carla Smith from Manor Care; will come and demonstrate her creative talents. This time she will be showing us how to design greeting cards. She'll use stamping and other techniques to create a one of a kind greeting card for any occasion. This program is compliments of Manor Care of Elk Grove and all members are invited to attend. Please register in advance so that sufficient supplies will be available.

Free for members

Rainbow Falls Community Center Barcode #55792
Tuesday, Sept. 9 12:30 pm – 2:00 pm

RULES OF THE ROAD

The Illinois Secretary of State offers this class to persons wanting to review before taking their driver's test. Register at the customer service desk. You need to show your driver's license number.

Rainbow Falls Community Center Barcode #55020
Monday, Oct. 20 1:00 – 3:00 pm

Book your tee time online at
www.foxrungolflinks.com



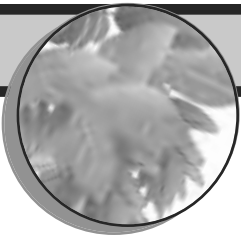
Fox Run
GOLF LINKS

333 Plum Grove Road, Elk Grove Village, IL

Golf Course (847) 228-3544
Driving Range (847) 228-3542

Monday Special

18 holes with cart, only \$35
(excludes holidays)



Volunteers

They don't necessarily have the time, they have the heart!



Community Character Coalition

The Community Character Coalition of Elk Grove is a not for profit organization made up of people in business, government, community based organizations, churches, library and school districts. The purpose of this organization is to identify, link and mobilize community assets and resources to create a better quality of life for those who live and work in the Elk Grove Village Community.

Our center is involved in this organization through our programs with schools, working with the food pantry and helping with other community events which ask for our help. One of the best ways to help promote Good Character is through examples in everyday life. This shows others the 6 pillars of character: Trustworthiness, Respect, Responsibility, Fairness, Caring and Citizenship. Be a mentor, do your share.

CERAMICS

Looking for something to keep your hands busy? We just got a new kiln for our ceramic class. We are looking for more hands to help keep the kiln busy and our showcase full of beautiful hand-painted pieces. This group meets on Wednesday morning at 9:00 am. Try it, you might like it.



PINOCHLE LESSONS

We have a volunteer to teach beginners how to play pinochle. If you are interested in learning this fun game, sign the interest list that is at the table where the get well letters are signed. If you have played before but it has been so long ago that you need to brush up on the rules, this is the place to go.



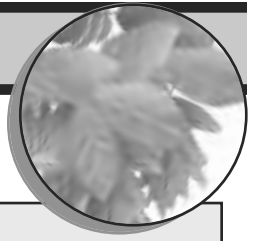
RSVP

The Retired Senior Volunteer Program is an organization that works with many groups throughout the Northwest Suburbs. It is important that each of you turn in your pink time sheets by the first of each month.

Many of you have volunteered in the workroom doing projects for Apple Vacations and Mary Kay. Those jobs seem to have become more economical to be done by computers and machines. If you know anyone who might need some help with light assembly work, please have them call Marge. We love folding letters, getting mailings ready, and other light office work.

If you are looking for a way to volunteer, check the list below.

- Help in the kitchen one day a week
 - Pick up the lunches from the Hospital one day a week
 - Help at Bingo (caller, pay out, sell cards, raffle seller)
 - Volunteer at the relief reception desk
 - Sub in the Gift Shop
 - Join a craft group (crafts, needlepoint, ceramics, crochet)
 - Be creative and start a class of your own
 - Join our intergenerational program
- See Marge for more ideas.



Trips - One Day Outings

ADULT TRIPS

All trips leave from the South Pavilion Parking Lot. Outings give you the opportunity to be adventurous and visit places you might not ordinarily go as well as enjoying the company of other adults. Trips are open to those 18 and older, except for gambling trips which require persons being 21 and older. Members of the Sheila Ray Active Adult Center receive the resident rate on all trips. Notification to withdraw from a trip is subject to withdrawal fees. Refunds will not include "Extra Fees" such as movie, play, theater tickets and meals, unless they are able to be resold to another registrant. Watch our service counters for new trips in our trip booklets.

THE DANCING HORSES - DELEVAN, WI

This dazzling spectacle features an array of horse breeds who perform alongside their trainers in this fantastic cavalcade of equestrian artistry. Visually stunning, and performed in a state-of-the-art intimate theater, this show is a truly must see.

Before the Dancing Horses we will see another fabulous show featuring Exotic Birds. Lunch includes: Roast Chicken, BBQ Ribs, Potatoes, Salad and Strawberry Shortcake for dessert.

Registration Deadline: Oct 1
\$72 Resident / \$86 Nonresident
Wed, Oct 22 Depart: 8:30 am
Barcode #55657 Return: 5:00 pm

THE KITCHEN WITCHES MILK PAIL - DUNDEE

Isobel & Dolly are cooking show hostesses who have hated each other for over 30 years. So when they are on a television show called Kitchen Witches, the insults are flung harder than the food! This comedy is a recipe for hilarious fun with a pinch of absurdity, a smidgen of tomfoolery, and a dash of long-lasting friendship. Don't miss it! Lunch is included in the fee.

Registration Deadline: Sep 24
\$50 Resident / \$60 Nonresident
Wed, Oct 29 Depart: 11:00 am
Barcode #53244 Return: 4:00 pm

SENIORS GONE WILD CARLISLE - LOMBARD, IL

This one-of-a-kind show is a cross between Blue Man Group and Jimmy Buffet, with steel drums, percussion, horns, and vocals with four part harmonies. There will also be a magician entertaining during the luncheon.

Registration Deadline:
\$50 Resident / \$60 Nonresident
Thu, Sep 18 Depart: 10:15 am
Barcode #55789 Return: 4:00 pm

THE PASSION OF DRACULA

Smart and sexy with a hint of humor, The Passion of Dracula follows Jonathan Harker, Dr. Seward, and Professor Van Helsing on their quest to save the beautiful Wilhelmina from the clutches of Count Dracula. Join us for this timeless tale of passion, power, and the undead in the beautiful setting of Mayslake Hall on the Peabody Estate in Oakbrook.

Lunch is not included.
\$40 Resident / \$48 Nonresident
Wed, Oct 14 Depart: 12:30 pm
Barcode #55675 Return: 5:00 pm

ANNUAL SHOPPING TRIP - CHICAGO

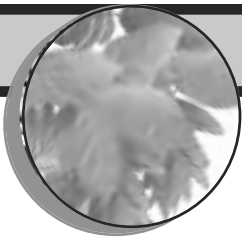
It's become a tradition that we take a day to enjoy downtown atmosphere at the holiday season. We furnish transportation to State Street and Michigan Ave and you plan your day, perhaps meeting friends for lunch, shopping the various stores and seeing the decorations.

Registration Deadline: Nov 28
\$22 Resident / \$26 Nonresident
Wed, Dec 3 Depart: 9:00 am
Barcode #55152 Return: 4:00 pm

THE NUTCRACKER ON HORSEBACK - CHICAGO

This timeless tale comes alive on horseback! This production will captivate you with daring riders and horses dancing to the music of the great Tchaikovsky. This performance features the beloved Clara, The Mouse King, The Sugar Plum Fairy and our own trick riders. See beautiful fairies on horseback, toy soldiers battling the mouse army, and our amazing white stallions.

Registration Deadline: Nov 3
\$60 Resident / \$72 Nonresident
Fri, Dec 12 Depart: 10:30 am
Barcode #53388 Return: 3:00 pm



SERVICES

LENDING CLOSET

The Sheila Ray Adult Center manages a Lending Closet of medical equipment. If you or someone you know are in need of any equipment, call ahead to (847) 364-7224 and make sure that we have what you need. We will hold it for you for up to 24 hours, until you come in to pick it up. Our lending closet will continue in operation at the Hattendorf Center.

Neither the Sheila Ray Adult Center nor the Elk Grove Park District makes any representation as to the condition or fitness for purpose of any of the equipment offered for use. Individuals borrowing equipment are advised to examine all equipment prior to use.

ELDER LAW

Michael A. Babiarz, Attorney at Law, will discuss "Health Care Decisions, who decides for you if you are unable to make healthy care decisions for yourself".

\$0 for members, \$2 for nonmembers.

Rainbow Falls Community Center

Monday, Sept 22

10:30 am – 11:30 am

LEGAL CONSULTATION

Michael Babiarz, Attorney at Law, will meet with any members who need legal advice. Registration is necessary for this program. Appointments are made at the Customer Service Counter at Rainbow Falls.

Rainbow Falls Community Center

Monday, Sept 29

BLOOD PRESSURE - By Jane Sloger, Village Nurse, First Tuesday of each month, 9:00 am - 11:00 am by Jodi Third Tuesday of each month, 9:00 am - 11:00 am

PACE DIAL-A-RIDE - Call (847) 299-6212 one hour before you need a ride. Tell dispatcher where you are & where you need to go. Persons over 65 reduced 1-way fare \$.65 w/RTA Special Users Card.

Hours of service:

9:00 a.m. - 6:00 p.m., Monday - Friday

9:00 a.m. - 4 p.m., Saturday

PHONE REASSURANCE/SICK & VIGIL -

Volunteers telephone homebound & hospitalized members, send get well & sympathy letters, (847) 364-7224.

DIAL-A-BUS - EG Township Door-to-Door Sr. Bus Service, (847) 437-0300.



This "Senior Bus" is for anyone, 55 and older, whether handicapped or not, living in Elk Grove Township. You must call the day before to arrange for a pickup and it will take you anywhere in Elk Grove Township.

HOME DELIVERED MEALS

Kenneth Young Center for Srs., (847) 524-8800.

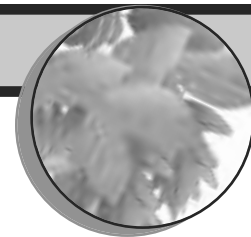
COUNSELING - Kenneth Young Center for Seniors, (847) 524-8800, counseling, assistance w/housekeeping, meals, and link up w/other service providers. On the second Tuesday of each month, a rep from Kenneth Young will be in our building to meet with members to help in providing information and services. Appointment made at service counter or call (847) 364-7224.

SENIOR HEALTH INSURANCE PROGRAM -

Trained volunteers give free assistance to seniors, by appointment only. Help with completing medical forms, interpreting ins. policy, (847) 364-7224 for appointment.

ALEXIAN BROTHERS OLDER ADULT SERVICES OFFICE

Information/Referral source for community health and social service networks call (847) 956-5465.



V.I.P. Page

The President Speaks!

Dear Members,

I do hope you are all having a great summer and enjoying some fun in the sun. We have some real challenges ahead of us while our center is being worked on. Our "Hometown Favorites" cookbook has turned out to be a wonderful production. Please do your part to help us make this a profitable fundraiser. It is only \$10 and makes a great gift for most occasions. We are proud to have such a nice product to represent our center.

Our Bazaar will be held November 7th and 8th in the Hattendorf Gym this year. Being relocated is going to add some challenges for all of us but we will make the best of it. We won't be able to host Breakfast with Santa this year due to our renovations. If anyone asks, he will be back next year. Keep smiling and stay happy.

Sincerely,
Rae Ciardullo
Advisory Board President



Welcome!

The following persons have become a new member of the Sheila Ray Adult Center since July 1st of this year. Please welcome them to our Center and get to know them!

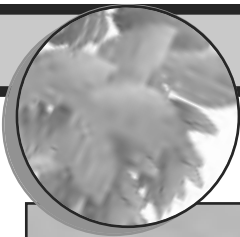
Walter Beaudette, Sr. Roseanne Beaudette Rosalyn Graziano Carole Marchi

Happy Birthday!

to the following members who will celebrate a birthday in September and October. Happy Birthday and Many More!

SEPTEMBER BIRTHDAYS		Powalaczek, Claire	5	Lubish, Ann Marie	16	Destefano, Rosemarie	22
		Wade, George	8	Leski, Robert	17	Ibarra, Mercedes	24
Burda, Charles	3	Jewell, Marie	11	Hlavacek, Al	18	Berry, Mary	27
McLellan, Mary	4	Johnson, Jackie	12	Zurawski, Lillian	19	Lane, Virginia	27
Haddigan, Mary	5	Heining, Ethel	15	Hale, Stewart	20	Spinnato, Geraldine	30

OCTOBER BIRTHDAYS		Ritrosi, John	7	Mess, Barbara	14	Wlodarczyk, Wanda	25
		Anderson, Muriel	8	Curcio, George	15	Angelino, Patricia	26
Risom, Lawrence	2	Jordan, Carol	8	Stanford, Georgene	15	Heltzel, Scott	26
Macht, Alex	3	Urbina, Evelyn	9	Feeley, Audrey	16	Chrabot, Marion	28
Faust, Jean	4	Zane, Helen	9	Gazda, Lillian	18	Hatyina, Patricia	28
Sacheck, Jerome	5	Fortmann, Clara	11	Staub, Marie	18	Jordan, Doris	29
Medlock, Wanda	6	Nyland, Lillian	13	Archer, Robert	22	Rogers, Margaret	30
Kovac, Elizabeth	7	Brown, Jack	14	Ciardullo, Rafaela	25	Haerle, Ralph	31
Reuter, Albert	7						



FYI

**FREE
ADMISSION**

SEPTEMBER 14, 2008
NOON - 4:00 PM

MUSEUM GROUNDS:
399 BUSTERFIELD ROAD
ELK GROVE VILLAGE, IL 60007

CALL (847) 690-1440
FOR MORE INFORMATION

**JOIN US FOR A FUN-FILLED
AFTERNOON FEATURING**

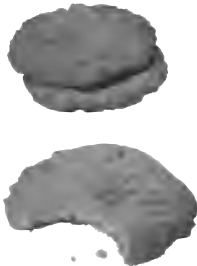
Victorian Phrenologist
(Professor Phineas Fairhead)
Historical Crafts,
Picnic, Petting Zoo,
Civil War Magician,
Historical Reenactments,
and Abraham Lincoln

VISITORS CAN ALSO

Stuff a scarecrow
(small fee),
Pan for Gold,
Tour the Farmhouse,
and View Work by
Local Artists in the Barn

SERVING TREATS

It is nice and appreciated when you bring in treats for bingo, for a birthday, from leftovers, or just baking for us. But (here comes the big but), if you bring in something that requires plates, napkins, or silverware, then please bring the plates, napkins or silverware too. Also, if you bring something in, please put your delicious items on plates or trays by yourself. Finger food is always the easiest.



SOUTH EAST ASIA TRAVELOGUE

The Illinois Parks and Recreation Association along with the Elk Grove Park District is sponsoring a tour of South East Asia. The tour guide will be giving a slideshow presentation on Tuesday, September 23 at 7:00 pm in the Pavilion Garden Terrace. Come and see the pictures of Hong Kong, Malaysia and Singapore where this tour will be going. The presenter will be happy to answer your questions and give you all the information about the trip.

Pavilion Garden Terrace

Tues., Sept. 23

7:00 pm

HALLOWEEN FESTIVAL

at the Pavilion, 1000 Wellington Ave
FRIDAY, OCTOBER 24
5:00- 8:00 PM

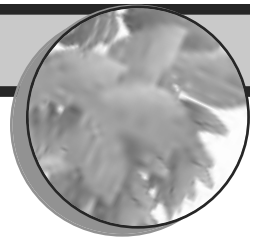
Pre-register by Oct 20
\$5 child / \$4 adult / \$3 senior

At the door
\$10 child / \$8 adult

*Admission price includes
pumpkin, hayride, crafts,
hot dog meal
and prizes.*

SCHEDULED ACTIVITIES:
Storytelling, Hayrides, Crafts, Games and
Prizes, Food, Music, Kids Raffle, Pumpkin
Decorating, Costume Parade and Contest.

Call (847) 437-9494 for more information.



Senior Authors

DIFFERENT WAYS OF LOOKING AT THINGS

A little boy went up to his father and asked: "Dad, where did all of my intelligence come from?"

The father replied. "Well son, you must have gotten it from your mother, because I still have mine."

.....
"Mr. Clark, I have reviewed this case very carefully," the divorce Court Judge said, "And I've decided to give your wife \$775 a week."

"That's very fair, your honour," the husband said. "And every now and then I'll try to send her a few bucks myself."

.....
A doctor examined a woman, took the husband aside, and said, "I don't like the looks of your wife at all."

"Me neither doc," said the husband. "But she's a great cook and really good with the kids".

.....
An old man goes to the Wizard to ask him if he can remove a curse he has been living with for the last 40 years.

The Wizard says, "Maybe, but you will have to tell me the exact words that were used to put the curse on you".

The old man says without hesitation, "I now pronounce you man and wife."

.....
A blonde calls Delta Airlines and asks, "Can you tell me how long it'll take to fly from San Francisco to New York City?"

The agent replies, "Just a minute..."

"Thank you," the blonde says, and hangs up.

.....
A man is recovering from surgery when a nurse asks him how he is feeling. "I'm O. K. But I didn't like the four-letter word the doctor used in surgery," he answered.

"What did he say," asked the nurse.

"OOPS"

.....
While shopping for vacation clothes, my husband and I passed a display of bathing suits. It had been at least ten years and twenty pounds since I had even considered buying a bathing suit, so I sought my husband's advice.

"What do you think?" I asked. "Should I get a bikini or an all-in-one?"

"Better get a bikini," he replied. "You'd never get it all in one."
He's still in intensive care.

APRONS

I don't think kids today know what an apron is.

The principal use of Grandma's apron was to protect the dress underneath, but along with that, it served as a potholder for removing hot pans from the oven.

It was wonderful for drying children's tears, and on occasion was even used for cleaning out dirty ears.

From the chicken coop, the apron was used for carrying eggs, fussy chicks, and sometimes half-hatched eggs to be finished in the warming oven.

When company came, those aprons were ideal hiding places for shy kids.

And when the weather was cold, grandma wrapped it around her arms.

Chips and kindling wood were brought into the kitchen in that apron.

From the garden, it carried all sorts of vegetables. After the peas had been shelled, it carried out the hulls.

In the fall, the apron was used to bring in apples or pecans that had fallen from the trees.

When unexpected company drove up the road, it was surprising how much furniture that old apron could dust in a matter of seconds.

When dinner was ready, Grandma walked out onto the porch, waved her apron, and the men knew it was time to come in from the fields to dinner.

It will be a long time before someone invents something that will replace that 'old-time apron' that served so many purposes.

REMEMBER:

Grandma used to set her hot baked apple pies on the window sill to cool. Her granddaughters set theirs on the window sill to thaw.

Today's generation would go crazy now trying to figure out how many germs were on that apron, but I never heard about anyone catching anything from an apron.



... in Gratitude - Adult Center Benefactors

The following companies have made donations to the Sheila Ray Adult Center since January 1, 2008:

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The Sheila Ray Adult Center has collected the best recipes from members, family, friends, Elk Grove Village residents and former residents and compiled them into an attractive keepsake cookbook.

We have begun selling this one-of-a-kind cookbook for only \$10.00. These books will be great for Holiday, shower, house warming and birthday gifts. They may be purchased from any member of the Adult Center or at the Hattendorf Center Customer Service Counter.

All proceeds will go to Sheila Ray Adult Center. The cookbook contains 300 well-loved recipes including appetizers, main dishes, desserts and many others. Recipes include the contributor's name, enabling you to find the recipes of family and friends. For more information contact (847) 364-7224.