

# **Dispensing of Medication to Participants**

## **Issue**

The American's With Disabilities Act obligates park districts, special recreation associations, and forest preserve districts to make reasonable accommodations for persons with special needs who will be participating in our park and recreation programs. One of the most common and reasonable requests is to assist a participant in taking medication during a program session when they do not have the ability to do it on their own. This has been a standard practice in special recreation associations for some time. However, park districts are seeing many persons with special needs entering park district programs. Without special training and the necessary procedures to administer medication, there are potential liabilities that could arise at an agency if the dispensing of medication is not administered properly.

## **Recommendation**

It is recommended that all agencies who may have to dispense medication during agency programming should review the following medication dispensing guidelines and formulate specific policy to follow in the event this request is made by a patron. Comprehensive medication dispensing guidelines will better prepare your staff to dispense medication in a safe and efficient manner.

To minimize the administration of a medication dispensing program, parents or guardians should be asked if the person can be medicated prior to entering the program. The agency's medical dispensing program should only be used when it is absolutely necessary to administer medication to a child or patron during program hours.

# Dispensing of Medication Procedures

## I. Parental Procedures and Responsibilities

The parent/guardian **must**:

1. Complete the forms:
  - Medication Dispensing Information
  - Permission to Dispense Medication & Waiver And Release of All Claims
2. Deliver all medications to the agency office in the original prescription bottle or in clearly marked containers which include the person's name, medication, dosage, and time of day medication is to be given.
3. Verbally communicate with agency staff regarding specific instructions for medication.

## II. Staff Procedures and Responsibilities

Agency program staff **must**:

1. Ensure that the following forms are fully completed and signed by the parent/ guardian prior to the dispensing of any medication:
  - Medication Dispensing Information
  - Permission to Dispense Medication & Waiver And Release of All CI
2. Ensure that only authorized staff accept medication which may include the executive director, superintendent of recreation, safety coordinator, program coordinator, recreation specialist, registrar, secretary or other designated staff.
3. Verbally communicate with the parent or guardian regarding any specific instructions regarding the dispensing or storage of the medication. It is also the responsibility of the authorized staff who receive medication to properly store medication in a locking cabinet or in a refrigerator as needed. **It is extremely important that stored medication is out of the reach of other patrons and particularly children.**
4. Obtain copies of all waivers, internal procedures, medical information forms, and medication logs when obtaining the prescription medication to be transported to the program site. All medication stored at a program site must be secured and only available to authorized program staff.

5. Program coordinators responsible for dispensing medication must strictly follow all written instructions on the medical information form, individual dose envelopes, and any information contained on original prescription container labels. In the event that conflicting dispensing information exists, medication should not be administered until the parent, guardian, or physician are reached by phone to obtain specific instructions.
6. Unless otherwise arranged, only paid and trained agency staff will be allowed to dispense medication.
7. Agency staff responsible for dispensing medication will fully complete the medication information contained on the medication log form. Medication dispensing logs should be completed until medication dispensing has ceased and completed medication logs should be turned into the agency's office and kept in a permanent file for at least three years at the conclusion of the program.



## Medication Dispensing Information

*Parent/Guardian must complete this form for each program session or when medication changes*

### Background Information

Park District Class/Program Name		Date	
Participant's Name			Age
Address			
Parent's/Guardian's Name(s)			
Cell Phone	Home/alternate Phone	Email	
Doctor's Name		Phone	

### Medication Information

1	Medicine name		
	Dose	Time	
	Dispensing & Storage Instructions		
	Possible Side Effects		

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2	Medicine name	
	Dose	Time
	Dispensing & Storage Instructions	
	Possible Side Effects	

3	Medicine name	
	Dose	Time
	Dispensing & Storage Instructions	
	Possible Side Effects	

Other information:

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**I understand that it is my responsibility to give the medication directly to program staff with full instructions in individual dosage containers, clearly labeled envelopes, or in original prescription bottles.**

**In all cases, medication dispensing can only be changed or modified by completing another Permission and Waiver to Dispense Medication Form and Medication Information Form.**

**I hereby acknowledge that the above information provided for the dispensing of medication for my minor child, guardian, ward, or other family member is accurate. I also understand that it is my responsibility to inform the agency if any changes in the dispensing of medication change.**

\_\_\_\_\_  
*Signature of Parent or Guardian*

\_\_\_\_\_  
*Date*



## Permission To Dispense Medication & Waiver And Release of All Claims

The Elk Grove Park District will not dispense medication to a minor child or other participant until the Permission and Waiver to Dispense Medication and Medication Information Form have been fully completed by a parent or guardian. The agency's internal procedures on dispensing medication are available for review.

Park District Class/Program Name	Date
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I, (*print your name*) \_\_\_\_\_, the parent/guardian of

(*print your child's name*) \_\_\_\_\_ give permission to the staff of the

Elk Grove Park District to administer to my child the following medication(s):

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**I understand it is my responsibility to give the medication directly to the program staff in individual dosage containers, original prescription containers, or envelopes clearly labeled with the following information:**

- Participant's name
- Name of Medicine
- Complete Dosage Instructions

**In all cases the recommended dosage of any medication will not be exceeded. If after administering medication there is an adverse reaction, I give my permission to the Elk Grove Park District to secure from any licensed hospital physician and/or medical personnel any treatment deemed necessary for immediate care. I agree to be responsible for payment of any and all medical services rendered.**

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## Waiver and Release of All Claims

**I recognize and acknowledge that there are certain risks of physical injury in connection with the administering of medication to my minor child. Such risks include, but are not limited to, failing to properly administer the medication, failing to observe side effects, failing to assess and/or recognize an adverse reaction, failing to assess and/or recognize a medical emergency, and failing to recognize the need to summon emergency medical services.**

**In consideration of the Elk Grove Park District administering medication to my minor child, I do hereby fully release or discharge the Elk Grove Park District, and its officer, agents, volunteers and employees from any and all claims from injuries, damages and losses I or my minor child may have (or accrue to me or my minor child), and arising out of, connected with, incidental to, or in any way associated with the administering of medication.**

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*Signature of Parent or Guardian*

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*Date*

**MEDICATION LOG**

YEAR \_\_\_\_\_

**Participant's Name:**

**Program:**

**Session:**

**Medication:**

**Dosage:**

(only one medication per chart)

<b>Date:</b>													
<b>Time</b>													
<b>Initials</b>													

**MEDICATION LOG**

YEAR \_\_\_\_\_

**Participant's Name:**

**Program:**

**Session:**

**Medication:**

**Dosage:**

(only one medication per chart)

<b>Date:</b>													
<b>Time</b>													
<b>Initials</b>													

**MEDICATION LOG**

YEAR \_\_\_\_\_

**Participant's Name:**

**Program:**

**Session:**

**Medication:**

**Dosage:**

(only one medication per chart)

<b>Date:</b>													
<b>Time</b>													
<b>Initials</b>													