New Renew	embership Applic	ation Agreeme	ent		
Office Use Only: Name	<u>Start Do</u>	<u>Expiration</u>	<u>Date</u>	Membership Type	<u>e</u>
Name			_ Date of Birtl	h	-
Address	City		State	Zip	-
Cell Phone	Home Phone				
E-mail address	Silver	Sneakers/Renew Active#			-
Emergency Name/Phone					-
Business Name	Business Ad	dress			-
Secondary Member/DOB	Ac	dditional Member/DOB			_
4+Additonal Member/DOB		Referred by			_
Enrollment Fee	\$	This authorizes my bank to 1	make my payn	nents by the metho	d
Paid in Full Fee	\$	indicated below (check or monthly:	ne) and post it	to my account	
Prorated Fee until 1st Billing	\$	O Checking Account O Visa O MC O DISC	(Attach Void	led Check)	
Total due today:	\$	Last 4 Digits of Credit Card			
O Cash O Check #(r Credit Card: OVisa O MC O A	payable to Elk Grove Park District) MEX O DISC	Expiration Date/			
Application Authorization I agree to all the terms and policies as stated; the information is current subject to change		I agree to pay a *monthly p authorization shall remain i notice is given to Members *Prices subject to change	n effect until a		1
sobject to circuige		Signature:			
Signature:		Date:			_
Waiver and Release of All Claims a	nd Assumption of Risk	FSS			
I expressly assume the risk and legal liat have as a result of participating in an vehicle operations, when provided). I recognize and acknowledge that there risk of any and all injuries, damages or low waive and relinquish all claims I or my m program/activity against the Elk Grove F	y or all activities connected with or as e are certain risks of physical injury to pa sss, regardless of severity, that my minor of inor child/ward may hereafter have (or	ssociated with this program/activ rticipants in this program/activity, o child/ward or I may sustain as a res accrue to me or my child/ward) a	ity (including tra and I voluntarily o sult of said partic	insportation services a agree to assume the fu ipation. I further agree	and III
I have read and fully understand the Wo shall substitute for and have the same policies and procedures.	•				
Participant's Name	Participant's Signature				
(Print Name)	(Signature) Members 18 ar	nd older	(Date)	Flip	Pag
(Print Name)	(Signature) Members 18 ar	ad older	(Date)		*

Membership Policies and Procedures

Enrollment Fee – Enrollment fees are non-refundable. Any membership renewed more than 60 days past the expiration/cancellation date will be charged a new enrollment fee. (______initial)

PDF Memberships –Paid in Full memberships are for a one year term and must be paid in full.

EFT Memberships –Memberships paid monthly are a one year term with an <u>automatic renewal</u> every year after.

Renewed memberships after one year can be cancelled without penalty.

____initial)

Cancellation

- A written notice of cancellation in person is required for all cancellations.
- This agreement may be cancelled with a full refund within 3 days of signing

_____initial)

Declined payment -

- A declined payment will result in household account being suspended.
- A second consecutive declined payment will result in household membership being cancelled and balance will remain due on account. Household may not participate in a Park District program until balance on account including cancellation fee, if applicable is paid in full.
- The membership will be reactivated after declined payments and late fees are paid in full.

_____ initial)

NSF Fees– Elk Grove Park District policy is a \$35 fee for any declined ACH payment or returned check

(initial)

Code of Conduct – All members will abide by the Fitness Center code of conduct and rules posted. We reserve the right to terminate the membership of any member who is not complying with our code of conduct and rules. If a membership is terminated and was paid in full, any unused time will be refunded.

(_____initial)

ID Replacement-there is a \$10 charge for replacement of a lost or stolen ID card.

(_____initial)

Acceptable forms of ID for membership – a valid driver's license, state ID card, current utility bill, birth certificate (minors), corporate ID or paycheck stub.

Individual Members – Must be 14 years of age or older.

Household of 2 – Members must live in the same household and be age 14 and older.

Household of 3 – All members must live in the same household and no more than 2 adults aged 26 or older can be on the membership.

Student Members – Must be 14 to 25 years of age and currently enrolled in school; or successfully completed the Youth Fitness University (10-13 years of age). They must show a current school ID. No additional members may be added onto their membership.

Senior Members – must be 65 years of age or older. No additional members may be added onto their membership

Warning of Risk

Aerobic and other fitness activities such as passive/resistive weight training, use of stair machines, jogging, free weights, and other training devices are intended to challenge and engage the physical, mental and emotional resources of the participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries due to overexertion, improper technique, ignoring safety precautions, failing to follow instructions, slips and falls, unfamiliarity with the equipment and/or exercise, equipment failure, failure in supervision/instruction, premises defects and other risks inherent to the particular activity exist. In this regard, it is impossible for the Elk Grove Park District to guarantee absolute safety.

Dependent upon a person's physical condition, age and/or skill level, aerobics and fitness activities can involve a substantial risk of the following types of injuries. This list is by no means complete, but includes some of the more common ones:

- 1. Heart attack, stroke and circulatory problem
- 2. Bone and joint injuries
- 3. Back and neck injury
- 4. Shin splints
- 5. Muscle strain and other muscle injuries
- 6. Foot problems

The Elk Grove Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Elk Grove Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participant's safety. However, participants and parents/guardians of minors registering for this program must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs. You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, suffers from an underlying medical condition, takes medication, smokes cigarettes, has a family history of coronary disease, or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any fitness center activity.